

Solihull Approach

Learning Together Conference - 5th December 2013

9.30am - 3.30pm - Manor Hotel Meriden, Solihull, CV7 7NH

Programme

9.00	Arrival, registration, refreshments
9.30	Introduction: Mary Rheeston
9.35	Welcome: Lisa Thomson
9.40	Overview: Hazel Douglas
9.45	Alan Dolan: fathers' experience of 'Understanding your child's behaviour'
10.45	<i>Refreshment break</i>
11.00	Poster session and refreshments
12.00	Video presentation of Linda Norman: the experience of 'Understanding your child's behaviour' in Pakistan
12.20	<i>Lunch</i>
1.00	Alex Hassett: the impact on teachers and schools of the Solihull Approach Whole School Training
1.45	Poster session and refreshments
2.45	Antenatal course for parents
3.00	Online course for parents
3.15	Discussion
3.30	End and refreshments

SPEAKERS' BIOGRAPHIES

Hazel Douglas is the Founder and Director of the Solihull Approach. She trained as a clinical psychologist and a child psychotherapist. She has always had an interest in early intervention, moving from working with adults to working with children. She is very keen to see relationship-based courses available for all parents, mums and dads, from antenatally onwards.

Mary Rheeston manages the Solihull Approach and has developed Solihull Approach training and resources. She delivers Solihull Approach training and has facilitated the Solihull Approach Parenting Group. She was also involved in developing and piloting the Solihull Approach Antenatal Parenting Group. She has worked as a Health Visitor in the community and a Sure Start Children's Centre in Solihull. She is also trained as an infant massage teacher.

Lisa Thomson is Director of Corporate Affairs and Corporate Governance and also Managing Director of Solihull Hospital. Whilst at Heart of England NHS Foundation Trust, Lisa was appointed to work for Lord Darzi on the development of the NHS Next Stage Review. This work has included developing a communications strategy centred on social marketing techniques and delivering a strategic plan working across Government.

Since joining the Trust Lisa has led programmes which have resulted in a number of awards. The Health Information team's Information Prescription Pilot scooped a national award at the prestigious NHS Health and Social Care Awards. The website team achieved the Innovative Information and Communications Technology Award for the touch screen unit in the Cystic Fibrosis Centre.

Alan Dolan is an Associate Professor in the Division of Health Sciences at Warwick Medical School at the University of Warwick. Alan's current research interests are principally concerned with the interactions between social class, gender and men's health, together with how men construct masculine identities within the context of fatherhood, pregnancy and childbirth when experiencing infertility.

Linda Norman is a Health Visitor, and Solihull Approach trainer who facilitated parenting groups in Warwickshire when in the UK. Since her move to Islamabad in Pakistan, Linda has been involved in training local women as parenting group facilitators, so the 10-week 'Understanding your child's behaviour' group for parents could be offered to mothers and fathers in the area.

Alex Hassett is a Principal Lecturer and Senior Consultant in the Salomons Centre of Applied Psychology at Canterbury Christ Church University. Alex has a Masters in Educational Psychology, a Masters in Research Psychology, and a PhD in Psychology, and also a Post Graduate Diploma in Cognitive Therapy.

In his role as Principal Lecturer he supervises Clinical Psychology Doctoral Research and offers supervision and support on the Cognitive Behaviour Therapy Training Programme. In his consultancy role Alex offers consultancy to local authorities, the health sector and voluntary organisations around issues related to children and young people's mental health. He also develops and delivers training to practitioners in the areas of young people's emotional wellbeing and mental health and relationship building. He offers supervision and mentoring to managers as well as working as a therapist. His research interests include the impact of trauma on relationships, working with adolescents who have been traumatised and the impact of working with trauma.