

# Solihull Approach Conference

Learning Together - 11<sup>th</sup> June 2015

9.30am - 3.30pm - Manor Hotel Meriden, Solihull, CV7 7NH

## Programme

9.30	Arrival, registration, refreshments
10.00	Introduction and welcome: Mary Rheeston
10.10	Overview: Hazel Douglas
10.20	The process of consultation to a health visiting team: Virginia Lumsden and Mandy Sarankin, Hackney, London
10.40	Moving theory into practice: what we did, what worked, what didn't work.  N. Ireland: Averil Bassett Scotland: Alison Pritchard Fife: Clea Thompson North Lanarkshire: Cheryl Valentine
11.40	Coffee
12.10	Moving theory into practice: discussion and sharing experiences
1.00	Lunch
1.45	Poster session showcasing work across the UK plus refreshments
2.45	Developments in the Solihull Approach
3.15	Discussion
3.30	End and refreshments

# SPEAKERS' BIOGRAPHIES

**Hazel Douglas** is the Founder and Director of the Solihull Approach. She trained as a clinical psychologist and a child psychotherapist. She has always had an interest in early intervention, moving from working with adults to working with children. She is very keen to see relationship-based courses available for all parents, mums and dads, from antenatally onwards.

**Mary Rheeston** manages the Solihull Approach and has developed Solihull Approach training and resources. She delivers Solihull Approach training and has facilitated the Solihull Approach Parenting Group. She was also involved in developing and piloting the Solihull Approach Antenatal Parenting Group. She has worked as a Health Visitor in the community and a Sure Start Children's Centre in Solihull. She is also trained as an infant massage teacher.

**Virginia Lumsden**

**Mandy Sarankin**

**Averil Bassett** is

**Alison Pritchard** is

**Clea Thompson**

**Cheryl Valentine**