

Parenting Group facilitators Manual Changes April 2016

Section	Page	Current	Change to
Following throughout manual	2	Delete as Website no longer in use: http://communityservices.heartofengland.nhs.uk	Replace with: www.solihullapproachparenting.com www.inourplace.com
Throughout manual	2	Insert new website for parents through out manual either as new website or replaces www.solihullapproachparenting.com (this website is now predominantly for professionals)	Insert: www.inourplace.com
Throughout manual		Changed all reference to content: Child Protection	Replaced with: Safeguarding children and adults
Throughout manual		Deleted references to page numbers in handouts for First Five Years Resource pack as numbers change with reprints	Do not replace with any text because The First Five years changes quicker than the parenting manual is reprinted
Introduction	2	new paragraph: after 1st paragraph with updates of new resources and website.	New paragraph: Other Solihull Approach Group Facilitator's Manuals have been developed: Antenatal parenting group, Postnatal group and Postnatal Plus group. Parents and carers who are unable to attend a group can now access the online course for parents or the antenatal or postnatal course through the Solihull Approach website for parents, www.inourplace.co.uk
Introduction	2	New paragraph: after new paragraph as all research now on website	New paragraph after new paragraph: The Solihull Approach is an evidence based programme. For up to date information about research visit www.solihullapproachparenting.com
Introduction	17	Replaced: 2nd bullet point in the shaded area - practice the Solihull Approach for between three and six months	Replace with: Following evaluation of feedback it is now considered that practise up to three months to apply theory to practice is appropriate

Practical issues and general points	Divider Page	Is there room to include an additional title in the content page: Registering your group	If there is room on the page could you include Registering your group as a content title after Child Protection - INSERT:Registering your group page 14
Practical issues and general points	14	Insert New Heading	<p>Add following title and text: Registering your group</p> <p>As a condition of running Solihull Approach groups, we ask you to complete a very quick online form when the group ends. This asks where the group took place and how many starters and finishers you had. Go to www.solihullapproachparenting.com to complete the data form. This is really important for us as we are asked by Government for data on how many areas run the groups, how many attend etc. You can also register your group before it starts. There is now a facility on the website to create your own webpage for your group and to print it off as a poster for you to advertise your group.</p> <p>If you create a log in for yourself:</p> <ul style="list-style-type: none"> • most fields in the data return form will autocomplete, so that you only have a few fields to complete at the end of the group • you can look at all your group submissions and print them off if you require them for a report • you have access to the practitioners' forum
Session 1	1.3	Deleted article Parry,V.(2005) 'Its not just the hormones...' The Guardian, 3 March (included at the end of the session)	Do not replace with any text because we have removed the handout from this session. Solihull Approach brain development leaflet available

<p>Session 5</p>	<p>5.22 Add: section attached to the email to the end of the handout How parenting has changed over time.</p>	<p>Add: Parenting Facilitators Manual: Session 5 Page 5.22</p> <p>Additional section to add to the end of the handout following section titled 'So how does today's knowledge about children's development and the ways families have changed over the years influence parenting styles?</p> <p>The Solihull Approach</p> <p>Parents, researchers and professionals interested in parenting have always been curious about ways in which a child can develop to their full potential. Research into emotional brain important over the past 20 years has shown that a sensitive relationship between a parent (or the main carer) and child is incredibly important for the baby's emotional and physical development.</p> <p>The Solihull Approach is one of the parenting programmes that describe themselves as a relationship based programme. They do not tell parents what to do but rather support parents in their relationship with their child.</p> <p>So for example there is a focus on: exploring ways to tune into what their child is communicating and needs emotionally, supporting parents to think about their relationship with their child and how they communicate with each other, exploring feelings behind a behaviour, thinking about how a parent can repair their relationship with their child when things go wrong and to consider all of these as a lifelong skill, not just as a way to deal with a difficult behaviour.</p> <p>With the innovation of the internet parents are now able to gain information from many more sources in addition to attending groups. Parents can access information about being a parent through websites, online chat groups, apps and online course for parents using computers, phones and tablets where ever they are, at home, on a train or on holiday.</p> <p>The Solihull Approach has developed online antenatal, postnatal courses and courses for parents (for children 0-18 years).</p> <ul style="list-style-type: none"> • Understanding your pregnancy,labour, birth and your baby: Journey to Parenthood – Antenatal course
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Session 6	6.1	Insert additional sentence following bullet point - 'Play: a child's perspective: a parent's prespective'	Add following sentence: The above leaflet is also available in Bengali, Bulgarian, Chinese, Gujarati, Lithuanian, Polish, Punjabi, Romanian, Russian, Somali, Turkish, Urdu and Welsh. Leaflets can be accessed via www.solihullapproachparenting.com
Session 7	7.1 and 7.11	Following bullet point after the ' Pass card '	Add bullet point: There is now a You Tube link available - The Dance of Reciprocity 2.08 minutes of an interaction between a parent and baby showing the steps in the Dance of Reciprocity that you can show to parents. It is not essential to use the clip, however it can add a helpful visual demonstration of how the Dance of Reciprocity looks in an ordinary parent/child interaction. To obtain more information about the You Tube link please contact the Solihull Approach Office. Email: solihull.approach@heartofengland.nhs.uk or Telephone: 0121 296 4448