

## First Five Years Resource Pack Changes April 2013-2016

Section	Page	Current	Change to
<b>Part 1 -</b>	<b>Page 11 Introduction</b>	New text as a new paragraph at the end of the page.	There are more Solihull Approach Resource packs: for school years practitioners, antenatal practitioners, postnatal group and fostering and adoption, Solihull Approach PLUS Attachment, Brain Development and Trauma supported by manual and where appropriate specialist training. Research has shown the Solihull Approach Parenting Group 'Understanding your child's behaviour' to be very effective. The Solihull Approach Antenatal Parenting Group combines traditional information with promoting the relationship between the parent and the baby antenatally. The online course for parents 'Understanding your child' is for all mother and fathers (and grandparents). Professional website: <a href="http://www.solihullapproachparenting.com">www.solihullapproachparenting.com</a> Parent website: <a href="http://inourplace.co.uk">http://inourplace.co.uk</a>
<b>Part 5.</b>	<b>5.1 Page 218</b>	Dental Leaflet – delete text in the 6th and 7th paragraphs	
	<b>6<sup>th</sup> Paragraph</b>	Sentence beginning - It is suggested that babies and very young children should not use	
	<b>7<sup>th</sup> Paragraph</b>	Sentence beginning with It is recommended that you use a small pea-sized	You can get more information about the type of toothpaste, how much to use and how to brush your child's teeth from NHS Choices website: <a href="http://www.nhs.uk/Livewell/dentalhealth/Pages/Careofkidsteeth.aspx">http://www.nhs.uk/Livewell/dentalhealth/Pages/Careofkidsteeth.aspx</a>

Part 5.	5.1 Page 218	Paragraph Sentence beginning: There are lots of techniques that can be used when brushing. Delete text: There are lots of techniques that can be used when brushing;	Then start the paragraph with the Text - The most important thing is to remember is to remove all the plaque (the coating that builds up on teeth) from all the surfaces, the front, and the back and biting surfaces of the teeth.
	5.1 Page 218	Delete the next sentence – The best way to do this is to gently brush from side to side all the tooth surfaces, making sure you brush right up to where the tooth meets the gums.	
Part 5.	5.1 Page 219	Delete paragraph – NHS Direct tel:0845 4647 and replace with	NHS Choices website - <a href="http://www.nhs.uk/Service-Search/Dentist/LocationSearch/3">http://www.nhs.uk/Service-Search/Dentist/LocationSearch/3</a>
Part 5.	5.7 Page 393	Weaning and feeding Leaflet for parents. Delete leaflet from the pack- the information changes and up to date information can be found on a government website.	<a href="http://www.nhs.uk/Conditions/pregnancy-and-baby/Pages/solid-foods-weaning.aspx">http://www.nhs.uk/Conditions/pregnancy-and-baby/Pages/solid-foods-weaning.aspx</a>
Part 5 .	5.8 Page 424 and 425	Add details for milestones 6 weeks to 12 months	Milestones 0-9 months Additional Information
			Emotional milestones
			<b>6 weeks to 3 months</b>
			May be starting to smile and will smile in response to a positive interaction with another person
			Starting to develop different cries and facial expressions that indicate when hungry, tired, uncomfortable or overwhelmed
			Enjoys looking at human face in particular parents or familiar adults
			Starting to vocalise more
			<b>3–6 months</b>
			Smiling usually established
			Temperament becoming clearer
			Gradually becoming more aware of own

			feelings
			Enjoying the familiar and starting to anticipate regular events, such as sight of breast or bottle prior to being fed
			<i>Separation</i>
			- Gradually able to tolerate small amounts
			of time from parents
			May be able to comfort self for short time but this is variable and there may be times when baby cannot do this particularly if he is frightened
			<b>9-18 months</b>
			12- Feeding may change from breast or
			bottle to solid food
			- Sleeping may change with altered
			sleeping arrangements e.g. move from
			parent's room to separate room
			Recognising others, mother, father, siblings, grandparents aunts, uncles
			By 6 months starting to recognise
			differences in familiar people. At times may be aware of strangers
			<b>6-12 months</b>
			Increased capacity to recognise feelings such as joy and displeasure
			Becomes more aware of being separate from mother, father and others
			Recognising strangers and can react in a distressed way if stranger tries to interact too quickly
			Starting to be able to distract themselves
			when things go wrong
			More persistent in pursuing their own goals especially in play

			Enjoys sharing games with parents and others
			Laughter occurring more often when engaging in exciting interactions with parents and other familiar adults
<b>Part 5</b>	<b>5.8 Page 431-434</b>	Insert new Brain development leaflet	Brain development leaflet available on <a href="http://www.inourplace.co.uk">http://www.inourplace.co.uk</a>
<b>Appendix B</b>		Additional Information about Solihull Approach developments, new research, trainings and resource and groups and workshops for parents	All this information is available the Solihull Approach website for professionals on <a href="http://www.solihullapproachparenting.com">www.solihullapproachparenting.com</a>