Hospital Bag – Suggested contents

Item	Category	Need to Buy?
Bib	Baby Clothing	
Cardigan	Baby Clothing	
Hat	Baby Clothing	
Muslins	Baby Clothing	
Nappies	Baby Clothing	
Sleepsuits	Baby Clothing	
Towel	Baby Clothing	
Baby Clothes	Clothing	
Bikini top/tankini if pool delivery	Clothing	
Big T-Shirt	Clothing	
Maternity Bra	Clothing	
Breast Pads	Clothing	
Disposable Knickers	Clothing	
Dressing Gown	Clothing	
Flip Flops	Clothing	
Going Home Clothes	Clothing	
Nighties	Clothing	
Normal Knickers	Clothing	
Socks	Clothing	
Vests	Clothing	
Snacks (fruit/sandwiches)	Food/Drink	
Water, Cartons	Food/Drink	
Address Book/Phone Numbers	Items	
Books	Items	
Camera	Items	
Camera Batteries/Charger	Items	
Car Seat	Items	
CDs	Items	
Fan	Items	
Hot Water Bottle	Items	

Item	Category	Need to Buy?
Phone Money / Car Parking Money	Items	
Cotton Wool	Make up bag	
Hairbrush	Make up bag	
Mirror	Make up bag	
Moisturiser	Make up bag	
Tissues	Make up bag	
Green Notes/hospital/maternity notes	Paperwork	
Barrier Cream	Washing Kit	
Conditioner	Washing kit	
Deodorant	Washing Kit	
Flannel	Washing Kit	
Hand Towel	Washing Kit	
Massager	Washing Kit	
Massage Oil	Washing Kit	
Sanitary Towels	Washing Kit	
Shampoo	Washing Kit	
Shower Gel	Washing Kit	
Soap	Washing Kit	
Sponge/water spray	Washing Kit	
Toothbrush	Washing Kit	
Toothpaste	Washing Kit	
Towels	Washing Kit	