The Solihull Approach: Understanding Your Child’s Behaviour

Supporting Parent-Child Relationships

(7-12 years)

**Start Date:** 6th November 2019

**End Date:** 22nd January 2020

**Time:** 10.00am – 12.30pm

**Venue:** Barrack View Primary Care Centre, Lord Edward Street, Limerick, V94 DD8W

**Facilitators:** Siobhán Clifford and Niamh Davoren, Assistant Psychologists with the Child and Family Psychology service.



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| * For parents of 7-12 year olds who want to know more about sensitive and effective parenting.
* To support the development of a healthy parent-child relationship and promote behaviour management.
* 2.5 hours weekly X 10 weeks in Barrack View Primary Care Centre.
 | * Issues explored include:
	+ Parenting styles
	+ Communication
	+ Temper tantrums
	+ Behavioural difficulties
	+ Sleep patterns
	+ Exploring feelings
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**\*Coffee Morning** for all those participating in the group on **23rd October 2019**, between **10am – 12pm** in Barrack View Primary Care Centre.