

Solihull Approach Train the Trainer Parenting and Postnatal Group

PROGRAMME

- 10.00 Arrivals
- 10.15 Housekeeping
- 10.20 Introductions
- 10.35 Outline of the day
- 10.55 Revisit Parenting Group Facilitators Training programme
- 11.25 Contents of the course
- 11.45 Group rules
- 11.55 Break for coffee/tea**
- 12.10 Reflection – The experience of attending a group
- 12.25 How Solihull Approach relates to the Parenting Group
- 12.40 Getting to know the resource pack
- 12.50 Lunch**
- 13.20 Practicing group skills
- 14.00 Managing groups
- 14.35 Managing role-play
- 14.55 Evaluation and endings
- 15.15 Break for coffee/tea**
- 15.30 Revisiting questions and general discussion
- 16.15 Close

CPD: 6.25 hours