

Solihull Approach Reflective Supervision

PROGRAMME

- 09.15 Arrivals
- 09.30 Introductions
- 09.45 Recap of Solihull Approach Model
- 10.15 Different Types of Supervision
- 10.30 Neuroscience and the 'Window of Tolerance'
- 11.15 Break for coffee/tea**
- 11.30 Supervisors Toolkit: Introducing the RRP Framework and the SARS Practice Guide
- 11.40 SARS: Practice Guide
- 12.00 Activity: Application to Different Types of Supervision
- 13.00 Lunch**
- 13.35 Supervisor's Toolkit: Reflection Zones: A 'Handy' Guide
Stages of Group Development
Preparing for and Processing after Supervision
- 14.25 Parallels with other Models
- 14.50 Break for coffee/tea**
- 15.05 Developing your own Internal Supervisor
- 15.30 Theory into Practice: Developing a Local Structure
- 16.10 Questions, Reflection and Discussion
- 16.20 Evaluations, Certificate and Close
- 16.30 Close

CPD: 7.25 hours