

Solihull Approach

Antenatal Foundation and Antenatal Parenting Group Training

DAY ONE

10.00 Arrival and coffee

10.15 Session 1: Introduction

10.40 Session 2: How the Solihull Approach started

10.45 Session 3: Baby Brain Development

12.00 Break for coffee/tea

12.15 Session 4: The model: what is containment?

13.15 Lunch

13.45 Session 5: What is reciprocity?

14.45 Session 6: The role of behaviour management

15.15 Break for coffee/tea

15.30 Session 7: Introduction to the Solihull Approach Resource

16.15 Session 8: Putting theory into practice

16.30 Close