

# Solihull Approach

## Antenatal Foundation and Antenatal Parenting Group Training

### DAY TWO

10.00 Arrival and coffee

10.15 Session 9: Review of the Solihull Approach model

10.30 Session 10: Feedback on observations and case studies

#### **11.30 Break for tea and coffee**

11.45 Session 11: Containment/Reciprocity/Behaviour Management and Attachment

12.45 Session 12: Introduction to the Antenatal Parenting Group Training

13.00 Session 13: Setting the scene

#### **13.15 Lunch**

13.45 Session 14: Getting to know the Solihull Approach Antenatal Parenting Group manual

14.00 Session 15: Practising Group Skills

#### **Break for tea and coffee**

Session 15 cont'd.

16.15 Session 16: Evaluations, certificates and goodbyes

16.30 Close