

# Solihull Approach Train the Trainer

## PROGRAMME (timings flexible)

- 10.00 Arrivals
- 10.15 Housekeeping and introductions
- 10.30 Programme for the day
- 10.50 Recap on the model
- 10.55 Recap programme for Solihull Approach 2 Day Foundation training day
- 11.35 Infant mental health: Baby brain development
- 12.05 Lunch**
- 12.35 Containment, reciprocity and behaviour management
- 13.25 Introduction to the Solihull Approach resource pack  
Observational exercise and case study
- 13.35 Facilitating groups and introducing Day 2 & feedback from observations
- 13.55 More about children's emotional development: Connor video research
- 14.05 Levels of intervention
- 14.30 Break for coffee/tea**
- 14.45 Implementing the Approach: How to take it forward
- 15.00 Open discussion
- 16.00 Close

**CPD:** 7.5 hours