

# Solihull Approach Combined Foster Carer Foundation & Facilitators' 2 Day Training

## PROGRAMME DAY ONE

- 10.00 Arrivals
- 10.15 Session 1: Introduction  
Session 2: How the Solihull Approach developed
- 10.45 Session 3: Infant mental health – Baby brain development
- 12.00 Break for coffee/tea**
- 12.15 Session 4: The model: What is containment?
- 13.15 Lunch**
- 13.45 Session 5: What is reciprocity?
- 14.45 Session 6: The role of behaviour management
- 15.15 Break for coffee/tea**
- 15.30 Session 7: Introduction to the Solihull Approach Resource
- 16.15 Session 8: Putting theory into practice
- 16.30 Close

**CPD:** 6.5 hours