

Solihull Approach

2 Day Foundation Perinatal Training

PROGRAMME DAY ONE

- 10.00 Arrivals
- 10.15 Introduction
- 10.30 How the Solihull Approach started
- 10.45 Baby Brain Development
- 12.00 Break for coffee/tea**
- 12.15 The model: What is containment?
- 13.15 Lunch**
- 13.45 What is reciprocity?
- 14.45 The role of behaviour management
- 15.15 Break for coffee/tea**
- 15.30 Introduction to the Solihull Approach Resource
- 16.00 Putting theory into practice
- 16.30 Close

CPD: 6.5 hours