

# Solihull Approach

## 2 Day Foundation Training

### PROGRAMME DAY ONE

- 09.30 Arrival and coffee
- 09.45 Introduction and how the Solihull Approach developed
- 10.15 Infant mental health – Baby brain development
- 11.30 Break for coffee/tea**
- 11.45 The model: What is containment?
- 12.45 Lunch**
- 13.15 What is reciprocity?
- 14.15 The role of behaviour management
- 14.45 Break for coffee/tea**
- 15.00 Introduction to the Solihull Approach Resource
- 15.40 Putting theory into practice
- 16.00 Close

**CPD:** 6 hours