



## Cascading the Solihull Approach Antenatal Parenting Group training in your local area

### You need to:

- Have attended Solihull Approach 2 day foundation training plus the Solihull Approach Antenatal Parenting Group facilitators 1 day training OR attended the 2 day combined antenatal foundation and antenatal parenting group training
- Attended a 1 day Train the Trainers: Parenting training. On this training you will receive a Solihull Approach Antenatal Group Facilitator Training Manual outlining how you should deliver the cascade training
- One trainer needs to have run at least one Solihull Approach group for parents. This could be the Parenting group, the Antenatal group or the Foster Carers Group.
- Run the cascade training as specified in the Solihull Approach Antenatal Group Facilitator Training Manual
- Each training group should not have more than 12 delegates

### When you are cascading the 1 day Solihull Approach Antenatal Parenting Group training in your local area you need to ensure that:

- Each delegate who attends your training has completed the Solihull Approach foundation training (two days) delivered either by Solihull Approach team or professionals from local area who have cascaded the Solihull Approach training

### Prior to commencing each training you must:

- Contact the Solihull Approach office and provide the Solihull Approach administrator with:
  - The names of delegates attending your training
  - The dates these delegates attended the two-day Solihull Approach Foundation training.
- Purchase an individual Solihull Approach Antenatal Parenting Facilitators' Manual (purchased from the Solihull Approach office) for each delegate.

You will not be able to purchase packs without providing the Solihull Approach administrator with the names of delegates receiving training and the dates they attended the Solihull Approach two-day Foundation training.

You will need to make local arrangements for delegates you plan to train to have access to local mentoring when running a Solihull Approach Antenatal Parenting Group.