

Solihull Approach Parenting Facilitators' Training

Training programme 9.15 hours – 16.00 hours

09:15	Arrival and coffee – welcome the delegates
09:30	Housekeeping
09.35	Paired introductions and feelings map
10.00	Introduce the day and overview of the course – explain more about the trainer's role
10.15	Establish rules for the group
10.25	What questions would you like answered by the end of the day?
10.45	Reflections – the experience of attending a group
11.05	Coffee
11.20	How the Solihull Approach Model relates to the Parenting Group
11.30	Getting to know the Solihull Approach Parenting Group Facilitators' Manual
12.10	Lunch
12.40	Delegates practising group skills
14:40	Coffee
14:50	How to manage role-plays
15:20	Evaluations and endings
15:40	Feedback, questions and goodbyes
16:00	Close