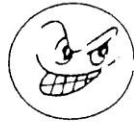




Session 1: Handout 3

Feelings Map

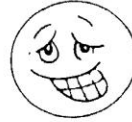
How Do You Feel Today? (Please indicate which faces apply)



Aggressive



Anxious



Apologetic



Arrogant



Bashful



Blissful



Bored



Cautious



Cold



Confident



Curious



Determined



Disappointed



Disbelieving



Enraged



Envious



Exhausted



Frightened



Frustrated



Guilty



Happy



Horrified



Hot



Hungover



Hurt



Hysterical



Indifferent



Interested



Jealous



Lonely



Lovestruck



Negative



Regretful



Relieved



Sad



Satisfied



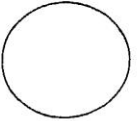
Surprised



Suspicious



Undecided



Other ...